



# A Weekend of Urban Map Racing

## 12th and 13th October 2024

The first ever Sydney City Race weekend is here, including 2 exciting urban map races where you will navigate to a series of control points, some of which you will never forget. The weekend starts on the Saturday afternoon with the option of short distance races at Pyrmont. This is the perfect warm up for your choice of long distance Sydney City Races on the Sunday morning. Both events will have different line courses or All Checkpoint Score races, in the unique urban setting that can only be offered by Sydney. So you'll run through iconic places such as the wharves and parks at Pyrmont, the historical Rocks district, past the Opera House, through the CBD, Hyde Park and around Barangaroo.



# Highlights

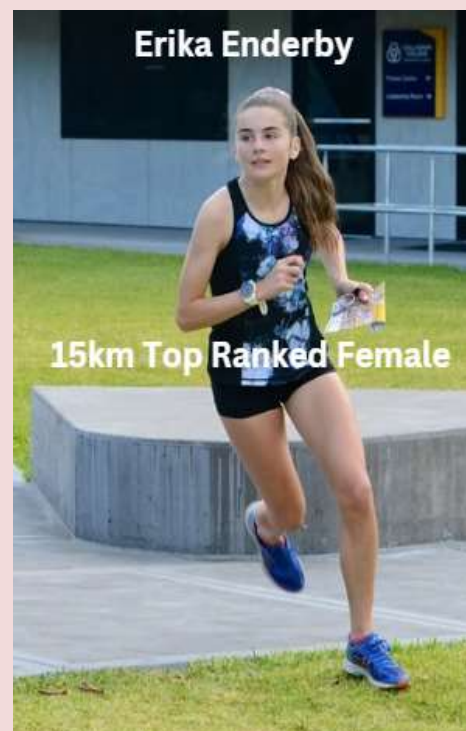
**Prize Money** - There is a \$1000 Men's and Women's first place prize in the 15km Sydney City Race on the Sunday. We have also secured access to a very special control site that will only be visited by competitors on this course. You'll need to enter early though, there is a very strict entry limit in the 15km race due to access constraints for the special control. Entries in the 15km will close as soon as the entry limit is reached;

**Teams** - You can compete as part of a Team in any of the weekend races. This means that you can run around with someone else rather than on your own. And win Team prizes;

**No age/distance allocations** - There are no age groups assigned to each distance, so you can run whichever distance you like. Prizes will be awarded to all age groups in each distance;

**Seeding** - The anticipated top runners in the Sydney City Race will be seeded in all distances. It will be the top 10 Men and Women in the 15km race, and the top 3 Men and Women in all other races; plus

**Winner's Hot Seat** - We'll have a Winner's Hot Seat for the 15km Sydney City Race. This is where the current Men's and Women's leaders in the 15km race will sit anxiously waiting to see if anyone who finishes after them has a faster time and takes their seat away from them. Ideally whoever is sitting there at the end of the race is the winner!



# Race Information

## Pyrmont



**Date:** Saturday 12<sup>th</sup> October 2024

**Location:** To be advised closer to the date, but will be within walking distance of public transport in Pyrmont.

**Starts:** Start anytime between 2:00pm and 3:30pm. All competitors must return to the finish no later than 4:30pm.

**Courses:** Long, Medium, and Short, all with an anticipated winning time of 15-20mins. There will also be a 30 minute Score with a double sided map where some of the control points will be shown on one side of the map, and the remainder shown on the other side. Competitors can find as many control points as they can from one side, then flip to the other to find some more. However you'll need to plan your route carefully because you can't flip sides again, and you'll need to stick to the 30 minute time limit, or risk points penalties for being back late!

## Sydney City



**Date:** Sunday 13<sup>th</sup> October 2024

**Location:** To be advised closer to the date, but will be within walking distance of Wynyard station.



**Starts:** Allocated starts at 30 second - 1 minute intervals between 8:00am and 10:30am. All competitors must return to the finish no later than 12:00 noon.

**Courses:** 15km, 10km, 6km and 3km (optimal route distances). There will also be a 60 minute Score with a double sided map where some of the control points will be shown on one side of the map, and the remainder shown on the other side. Competitors can find as many control points as they can from one side, then flip to the other to find some more. However you'll need to plan your route carefully because you can't flip sides again, and you'll need to stick to the 60 minute time limit, or risk points penalties for being back late!

**Limited Entries in the 15km race:** All competitors in the 15km race must start between 8:00am and 9:20am due to strict entry limitations at a very special control location. ***Once the entry limit is reached in the 15km race, entries will be closed.***

**Preferred Runners in the 15km race:** Preferred runners and the top 10 Men and Women will fill the final start slots as seeded runners in the 15km race. Qualification as a Preferred Runner: recent 10km in sub 37mins (male) or 43mins (female). Please email the weekend Race Director (details below) with your Preferred Runner details.

**Race numbers:** All competitors in the Sydney City Races on Sunday will need to wear the provided Race Number. The Race Numbers for all Seeded competitors in each of the Sunday races will reflect their seeding on their course.

## Maps

Specially prepared maps will be created for all of the races. The maps will show roads, parks, footpaths, buildings, walkways, stairs, canopies, fences, bridges and other special features. Sample maps will be made available for competitors prior to Race Day.

## Race Registration

Competitor Race Packs, including Race numbers will be available for collection from 1:00pm at the Pyrmont event on Saturday afternoon. They can also be collected from 7:00am on Sunday morning at the Sydney City Race.

## Teams

All of the races over the weekend can be run as part of a Team, where all Team members compete together. This means they will start together at the same time, visit the control points together, and finish at the same time. The Team time will be the time that the last person in the Team crosses the finish line. Teams can have up to 4 people in them on all the courses, except for the 15km Sydney City Race, which has a limit of 2 people per team.

## Event Centres

Specific details about the location of the event centres for both events will be provided closer to the event dates. The Saturday race will start and finish at Pymont, located right next to the city. Pymont can be accessed on foot from the city, and by light rail, bus and ferry. The Sunday Sydney City Race will start and finish in the city, within walking distance of Wynyard station and Circular Quay.

## Entry Information

Age is as at 31 December 2024.

Entries can be done directly through the Sydney City Race website [here](#) or via [Eventor](#).

<b>Pymont 12/10/2024</b>	<b>Sydney City Race 13/10/2024</b>
All races \$25 (Long, Medium, Short, 30min Score)  Child 12yo and under, \$10 (must be accompanied by an adult)	15km race \$65 10km race \$45 6km race \$35 3km race \$25  60min All Checkpoints Score race \$45  Child 12yo and under, \$10 (must be accompanied by an adult)
Entries Close 23:59pm Sun 29/09/2024	Entries Close 23:59pm Sun 22/09/2024
<p>Competitors running solo must be 16yrs or older.</p> <p>There is no family or member discount.</p> <p>Entry fees are the same for everyone over the age of 12.</p> <p>Late entries may be accepted at the discretion of the Weekend Race Director.</p> <p>Enter-on-the-day over the weekend will be available for the Score courses only.</p>	

## **Team Entries**

Competitors running as a Team should enter individually via the Sydney City Race website and include your Team name in your entry details.

There is a maximum of 2 competitors per Team in the 15km Sydney City Race. All other races have a limit of 4 competitors per Team.

### **\*Under 16's**

Competitors under the age of 16 (as at 31 December 2024) are not permitted to compete on their own. This is due to the inherent risks associated with competing in potentially busy urban areas.

Competitors aged 13-15 are able to compete in any of the races over the weekend as part of a Team or if they are accompanied on their course by an adult. If running in a Team, one other member of the Team must be at least 18 years old.

Children aged 12 or under are restricted to the shortest course (Pyrmont Short, SCR 3km) and the Score course for each event over the weekend, and must be accompanied on their course by an adult.

Adults intending to race and also accompany a junior on a course must complete their own race prior to accompanying the junior.

## **Safety and Risk Information**

Map racing and orienteering are adventure sports. While we have carried out a full risk assessment of the competition area, and will put in place mitigation of found risks, please be aware that competitors take part at their own risk. There are specific entry conditions on entrants aged under 16, see below for more details.

The terrain is urban and competitors will share footpaths, open spaces and roads with the general public. All courses will involve road crossings, steps, fences, walls and other obstacles where you will need to be careful. Slopes and steps, in particular, can be slippery when wet. There will be traffic, including light rail, on roads in the competition areas which will not be closed for the event. It is your responsibility to follow the road rules and take care at all times.

In entering any of the Sydney City Race weekend of events, competitors will be asked to accept personal responsibility for, and the risks associated with, their participation. In particular, competitors will need to read and acknowledge the Event Policies as shown on the Sydney City Race website [here](#).

# Prize Information Sunday Sydney City Races

In addition to the prizes below, finishers will be included in a random prize draw during the presentations after each race.

## 15km Race

\$1000 first place prize for the Men's and Women's winners. If there are multiple winners in each category, the prize money will be shared among the winners;

The winners of each Prize Group (shown below) will receive free entry in the next Sydney City Race, scheduled for late January 2026; and

The Top 3 finishers in each Prize group will receive a specially crafted Sydney City Race medal.

## 10km, 6km, 3km and Score Races

The Men's and Women's outright winners will receive free entry in the next Sydney City Race, scheduled for late January 2026;

The Top 3 finishers in each Prize group will receive a specially crafted Sydney City Race medal; and

All children 12yrs and under will receive a Finishers Certificate.

## Prize Groups

The Prize Groups that will be used for the above listed prizes are:

<u>Individual Competitor</u> <u>Age Groups</u> Age is at 31/12/2024		<u>Teams</u> (age groups not applicable)
Male	Female	
Aged 13-20		Male
Aged 21-39		Female
Aged 40-54		Mixed
Aged 55-64		
Aged 65-74		
Aged 75+		

## Sponsor and Partner Discount Information

We are extremely thankful to be sponsored by BridgeClimb Sydney, and to partner with YHA for city accommodation over the Race weekend. Both are offering Sydney City Race weekend competitors the following discounts:

BridgeClimb Sydney: 15% discount on Bridge Climbs booked for September and October. Bookings can be made directly with the link provided to us by BridgeClimb Sydney [here](#).

YHA: 20% off accommodation booked in their Sydney hotels for the race weekend. Bookings can be made [here](#). The discount code will be available with your Entry Confirmation.



## Enquiries

**Weekend Race Director:** Sheralee Bailey, on behalf of ONSW, [sheraleebailey@onsw.asn.au](mailto:sheraleebailey@onsw.asn.au)